Nonlinear elasticity of an $\alpha$-helical polypeptide

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We study a minimal extension of the wormlike chain model to describe polypeptides having $\alpha$-helical secondary structure. In this model the presence or absence of secondary structure enters as a scalar variable that controls the local chain bending modulus. Using this model we compute the extensional compliance of an $\alpha$-helix under tensile stress, the bending compliance of the molecule under externally imposed torques, and the nonlinear interaction of such torques and forces on the molecule. We find that, due to coupling of the “internal” secondary structure variables to the conformational degrees of freedom of the polymer, the molecule has a highly nonlinear response to applied stress and force couples. In particular we demonstrate a sharp lengthening transition under applied force and a buckling transition under applied torque. Finally, we speculate that the inherent bistability of the molecule may underlie protein conformational change in vivo.

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I. INTRODUCTION

The study of the mechanical properties of individual biopolymers serves as an important laboratory to probe polymer physics at the length scale of a single chain and further elucidates the biological processes in which these molecules take part [1,2]. For example, the biologically fundamental processes of DNA replication, transcription, and the regulation of transcription rely on the DNA protein interactions involving the mechanical deformation and microstructural modification of DNA both at long length scales and at the scale of individual base pairs. Recent advances in the experimental manipulation of individual biological macromolecules has opened a new window on these processes and allows for the direct quantitative test of our understanding of the mechanical properties of these macromolecules in thermal equilibrium. These single-molecule manipulation experiments have probed the mechanical properties of not only DNA [2–8] but also a variety of biologically important macromolecules including polysaccharides [9,10] and giant proteins such as titin [11–13] and tenasin [14]. The better theoretical understanding of protein mechanics will enhance the interpretation of protein force spectroscopy, which may even shed light on protein folding pathways [15], although this latter point appears to be somewhat controversial [16,17]. Regardless, understanding the mechanical properties of proteins is fundamental to elucidating the allostery or conformation changes that many proteins undergo as part of their biological activity [18–21].

These last examples demonstrate the feasibility of the direct mechanical manipulation of single proteins. However, modeling the mechanical properties of these atypically large proteins or, for that matter, any entire protein is a daunting task since such molecules have complex structures that result from a number of local and nonlocal interactions along the polymer chain. In order to make quantitative progress in the interpretation of these protein manipulation experiments it appears to be useful to first understand in more detail the mechanical properties of simpler polypeptide-based structures. A natural candidate for such a simpler structure is a protein subdomain of one secondary structure. Here too there is experimental input: single-molecule force spectroscopy via atomic force microscopy (AFM) has been used to directly probe $\alpha$-helical polypeptides [22] as well as synthetic polymer chains with a local helical structure such as PEG [23].

In order to understand the mechanical properties of proteins in general and $\alpha$-helical polypeptides in particular it is necessary to develop a minimalistic model that incorporates both the conformational fluctuations of the polymer backbone and localized structural transitions of the constituent monomers. In other words it is necessary to augment simple models of the statistical mechanics of the peptide backbone with terms to account for the presence of secondary structure along the chain. Furthermore, we must allow for the interaction between the degree of local secondary structure and the conformational degrees of freedom of the polypeptide backbone.

In this paper we examine the predicted mechanical properties of such a minimalistic model of an $\alpha$-helical polypeptide in which we allow the interaction of the local secondary structure of the chain with its conformational degrees of freedom. We treat the local presence or absence of secondary structure as a two-state (Ising-like) variable along the chain backbone, which is itself described by a set of local tangent vectors to the chain. In order to make this simplification, we coarse-grain the polymer so that each independent monomer can be unambiguously assigned a state of secondary structure. This requires us to consider a model comprised of coarse-grained chain segments (i.e., monomers), each consisting of about three amino acids. The interaction between the internal, secondary structure variables and the conformation of the polymer chain as described by the set of backbone tangent vectors is effected by the presence of a bending modulus of the backbone whose value depends on the local state of secondary structure. When these three amino acids making up one model monomer adopt a local configuration

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consistent with α-helical secondary structure, the hydrogen bonding between these amino acids [24] renders that segment of the chain significantly stiffer than the same polymer without the locally ordered secondary structure. Thus the bending energy associated with the local change in the backbone tangent vectors is higher in regions having α-helical structure than in regions locally adopting a random coil configuration. Similar models can and have been applied to study the mechanical properties of DNA and have been discussed in the current context as well [25–27].

To qualitatively characterize our results presented below, we note that, due to the presence of the internal-state variables representing secondary structure along the chain and their control over the local chain bending modulus, the α-helix is predicted to have a highly nonlinear response to both bending torques and to extensional forces. Under small externally applied torques, the molecule will deform so that its thermally averaged ribbon contour takes the form of a circle and the torque necessary for bending the molecule through a given angle grows linearly with that angle. The molecule deforms roughly as a flexible rod. At a critical torque, however, the secondary structure of the molecule is locally disrupted, producing a small length of the backbone with a much softer bending modulus. The total curvature that had been uniformly distributed along the backbone becomes localized in the anomalously soft region produced by the disruption of the secondary structure and the torque required to enforce the curvature of the molecule drops precipitously.

The long-range goals of this sort of modeling go beyond the interpretation of the emerging experiments on the mechanical properties of polypeptides having α-helical secondary structure. By understanding the mechanical properties of the constituent elements of a protein it should be possible to develop a lower-dimensional representation of protein mechanics. In place of the atomic coordinates of the backbone carbons and the positions of the various amino acid residues, one may describe protein domains (having definite secondary structure) as a space curve having some nonlinear extensional and bending compliances that may be computed in terms of a few energy scales determined either from experiment or simulation. Using three-dimensional protein structural data and such a nonlinear elastic model for each structural element of definite secondary structure, one can attempt to build mechanical models of entire proteins that, due to their highly reduced number of degrees of freedom, are more tractable for numerical investigation than those based on all atom simulations.

From the study of those models one may be able to extract low-energy conformational pathways and thus make predictions regarding protein allostery. For example, from a combination of native-state protein structural data and the calculated nonlinear elastic properties of α-helical protein domains it may thus be possible to predict the mechanical properties of the α-helical coiled coil region in myosin II [28] or α-helix-rich proteins such as spectrin as probed by mechanical unfolding experiments [29,30]. Further data on protein conformational change are available from numerical simulations [31,32].

The remainder of the paper is organized as follows. In Sec. II we introduce the α-helix Hamiltonian based on a combination of the wormlike chain and the helix-coil model. Using this model we calculate the response of the chain to bending torques in Sec. III A. We then take up the problem of the extensional compliance of the α-helix in Sec. III B before summarizing the results and discussing possible experimental tests of the theory in Sec. IV.

II. HELIX-COIL WORMLIKE CHAIN

The wormlike chain (WLC) [33,34] is the fundamental coarse-grained model for a polymer at length scales shorter than its thermal persistence length. This model describes the single-chain polymer statistics in terms of a quadratic Hamiltonian that associates an energy cost with chain curvature by introducing a bending modulus $\kappa$. In terms of a discretized chain model described by the set of monomeric tangent vectors $\vec{t}_i$, $i=0,\ldots,N-1$, with $N$ the degree of polymerization, the WLC Hamiltonian may be written as

$$H_{WLC} = \kappa \sum_{i=0}^{N-1} [1 - (\vec{t}_i \cdot \vec{t}_{i+1})].$$

(1)

The effect of this bending energy is to enhance the statistical weight of straight chain configurations on a length scale of $\kappa$ monomers equal to the thermal persistence length. Here and throughout this paper we take $k_B T = 1$. It may be easily checked that this length is equal to the arc length (measured in monomer lengths $\gamma$) of the polymer chain over which the chain tangent vectors thermally decorrelate. At length scales much longer than $\kappa \gamma$ the effect of this bending energy is minimal and the equilibrium statistics of the polymer becomes controlled by a combination of intrachain collisions and chain configurational entropy [35] with a renormalized Kuhn length. In a solvent one finds in the limit of very long wormlike chains the radius of gyration to be given by

$$\langle R_g^2 \rangle = 2 \kappa \gamma^2 N$$

where $\gamma$ is the monomeric length.

The single-chain response to externally applied tension $F$ has also been exhaustively researched within the WLC description of the polymer [36–38]. The fundamental result of this work is that one may determine the extensional compliance of the molecule as a function of applied force. This compliance is defined as $s(L) / dF$, the derivative of the equilibrium chain length $\langle L \rangle$ with respect to the applied force $F$.

At low forces it is essentially constant reflecting the standard, quadratic reduction in chain configurational entropy associated with long, flexible polymers. At high forces, however, the compliance goes to zero as $F^{-3/2}$ due to the fact that the chain has a finite length at even arbitrarily high forces. The characteristic form of the approach of the compliance to zero in the high-force limit is controlled by the pulling out of small, transverse thermal fluctuations of the chain and thereby recovering the arc length stored in them to increase $\langle L \rangle$.

While the WLC is a highly successful model to describe the force extension properties of a number of biopolymers such as DNA, it is clear that it is not sufficient to properly describe these molecules under large enough tensions. At larger tensile stresses, details of the internal structure of the molecule become important for the understanding of confor-
mational properties of the molecule. For example, under large enough stresses the double-helix structure of DNA (B-DNA) can be unwound allowing each monomer to lengthen by a factor of about 1.85 [39]. To account for such (two-state) internal degrees of freedom along the chain, workers have employed the helix-coil (HC) model [40]. This model has been used to study a class of protein conformational transitions [41,42] in solution and under tension [43].

The HC model Hamiltonian, which is used to model these structural transitions, can be reduced to its simplest form by assuming that the local structure of the chain can be described by a set of two-state variables \( s_i = \pm 1 \), \( i = 0, \ldots , N \). For the \( \alpha \)-helical chains of current interest we regard these two states as the local conformation of the monomer in its native, \( \alpha \)-helical state \( (s = +1) \) and in a disordered, random coil state \( (s = -1) \). The statistics of this set of two-state variable is controlled by the Hamiltonian

\[
H_{HC} = \frac{\epsilon_w}{2} \sum_{i=0}^{N-1} (1 - s_i s_{i+1}) - \frac{\hbar}{2} \sum_{i=0}^{N} (s_i - 1). \tag{2}
\]

It is immediately clear that above Hamiltonian also describes a one-dimensional, ferromagnetic Ising chain. The interpretation here is somewhat different. The energy \( h \) playing the role of an external magnetic field in the Ising system now represents the free energy cost per monomer to be in the non-native (i.e., random-coil) state. This term is thus controlled by a combination of the chemistry of the monomeric residues and solvent quality; its calculation from fundamental solution chemistry is beyond the scope of the current work. However, we will attempt to estimate its magnitude based on experiment. Clearly this constant is at least of order unity since the protein domain under investigation is assumed to have an \( \alpha \)-helical secondary structure in thermal equilibrium.

The first term in Eq. (2) plays the role of the nearest-neighbor ferromagnetic coupling in the Ising interpretation of the Hamiltonian. In its current interpretation, \( \epsilon_w \) is free energy cost of a domain wall in the sequence of helix \( (s = +1) \) and random-coil \( (s = -1) \) sites. In the helix-coil literature it is also referred to as the natural logarithm of the “chain-cooperativity” parameter. By adopting a native-state configuration, a monomer presents hydrogen bonding sites to its neighbors. If those neighbors are also in their native state, these hydrogen bonds further lower the free energy of the system via this nearest-neighbor cooperative effect. If, however, one of the neighboring monomers of an \( \alpha \)-helical monomer is in its random-coil state, such hydrogen bonding is not possible and the total free energy of this domain wall configuration is larger than simply the free energy cost for one monomer being in the non-native configuration, \( h \).

Finally, we note that since there are multiple hydrogen bonds per turn of the \( \alpha \)-helix, it might be reasonable to describe the local secondary structure by a \( q \)-state discrete variable where \( q = 2 \). Such an analysis changes Eq. (2) into an equally tractable one-dimensional \( q \)-state Potts model, but introduces additional unknown parameters. It is thus inconsistent with our goal of exploring a minimal model that incorporates secondary structure.

The coupling of the secondary structure variables to the WLC tangent vectors is affected by introducing a bending stiffness in the WLC Hamiltonian that depends on the local degree of secondary structure. We choose

\[
\kappa(s) = \begin{cases} 
\kappa_+ & \text{if } s = +1, \\
\kappa_- & \text{if } s = -1.
\end{cases} \tag{3}
\]

Due to the hydrogen bonding between turns of the \( \alpha \)-helix, it is reasonable to expect that \( \kappa_+ \), the bending modulus in the native state, is significantly larger than \( \kappa_- \), the bending modulus of the chain in the non-native, disordered state. We return to the question of determining physically reasonable estimates of these quantities in the conclusions. By introducing Eq. (3) and combining the Hamiltonians in Eqs. (1) and (2) we write the full Hamiltonian for the coupled system of secondary structure variables and chain tangent vectors as the helix-coil wormlike chain Hamiltonian (HCWLC):

\[
H = \frac{\epsilon_w}{2} \sum_{i=0}^{N-1} (1 - s_i s_{i+1}) - \frac{\hbar}{2} \sum_{i=0}^{N} (s_i - 1) \\
+ \sum_{i=0}^{N-1} \kappa(s_i)[1 - (\hat{t}_i \cdot \hat{t}_{i+1})]. \tag{4}
\]

We note that the system described by Eq. (4) may be looked at as two intercalated Heisenberg \((\hat{t}_i)\) and Ising \((s_i)\) magnetic systems. The nearest-neighbor coupling of the Heisenberg (chain tangent) vector, however, depends on the value of the Ising (secondary structure) variable between them. A pictorial representation of the system along these lines is shown in Fig. 1. The full Hamiltonian given by Eq. (4) has four constants with dimensions of energy, \( \kappa_+ , \kappa_- , \hbar , \epsilon_w \), which can be fit from experiment. We return to this point in our conclusions. Finally, we note that we have disregarded the twist degree of freedom of the molecule. Such twist degrees of freedom and the coupling of twisting and stretching modes of these chiral molecules have been explored particularly with regard to the mechanical properties of DNA [44,45]. This extension of the basic model will be explored in future work.

FIG. 1. Schematic figure of an \( \alpha \)-helical polypeptide and its schematic representation in terms of the Ising-like secondary structure variables (open circles for random coil segments and solid ones for \( \alpha \)-helical ones) and the tangent vectors to the segments of the chain (denoted by arrows).
III. MECHANICAL PROPERTIES

We now turn to the exploration of the mechanical properties of the polymer described by the HCWLC Hamiltonian. We study this problem in different ways. First, we consider the response of the molecule to externally applied torques by examining the torque required in thermal equilibrium to enforce a given angular deviation between the first and last chain tangent vectors. Second, we study the force-extension relations for this molecule by calculating the projection of the chains’s mean end-to-end distance along the direction of an applied force as a function of the magnitude of that force. We study this extensional compliance for two different cases.

In one case we assume that the end tangents of the chain remain unconstrained. In the second, we explore the effect of applied torque on the extensional compliance of the molecule by first constraining the end tangents vectors and then applying an extensional force. All these calculations are conceivable as individual, single-molecule experiments through the use of, e.g., optical and magnetic traps. By understanding the dependence of the extensional compliance on the curvature of the molecule, one may gain insight into the mechanical properties of α-helical domains of proteins that are similarly constrained in the protein’s native state.

A. Bending

To consider the bending response of the chain to applied torques in thermal equilibrium we first express the restricted partition function of the system subject to the constraint that the chain tangent deflects by a fixed angle \( \psi \) over its total arc length. It is reasonable to suppose that the chain bends in the plane defined by the first and last chain tangents that are being constrained; to simplify the calculation, we assume that we may examine the problem in this two-dimensional subspace. In that case the chain tangents are each equivalent to single angle, \( \ell \rightarrow \cos(\ell - \theta) \), and we write the restricted partition function as

\[
Z(\psi) = \prod_{j=0}^{N} \int_{s_j=1}^{s_j=d} d\theta \ e^{-\beta \delta(\theta_0 - \psi)},
\]

where the \( \delta \) functions enforce the constraints on the initial and final chain tangents. The Hamiltonian appearing above is given by Eq. (4) and is a function of all the secondary structure variables and backbone tangents.

To evaluate the partition function it is useful to observe the formal equivalence of Eq. (5) to the imaginary-time propagator of a quantum particle on the unit circle [46]. The partition function above is an imaginary-time sliced path integral representation of the transition amplitude for the particle to start at angle \( \theta_0 = 0 \) and end at angle \( \theta_N = \psi \) in \( N \) time slices. The imaginary-time evolution operator is simply the exponentiated Hamiltonian appearing in Eq. (5). The quantum analogy is somewhat complicated by the presence of the secondary structure variables; for the current problem, the fictitious quantum particle has a two-level “internal” variable similar to the spin states of a spin-1/2 particle. The state of this particle in the angle representation takes the form \( |s, \theta \rangle \) and Eq. (5) can be recast in the form

\[
Z(\psi) = \sum_{s_0, \theta_0=1}^{N} \sum_{s_N, \theta_N=1}^{N} T^{N} |s_N, \theta_N = \psi \rangle.
\]

where \( T \) is the single-step imaginary-time evolution operator and \( \eta_z = e^{-\beta} \delta_{z-1} \) is a factor needed to correct the statistical weight of finding the last chain monomer in the disordered, non-native state. The remaining sum is over the starting and ending secondary structures of the chain.

To make progress it is useful to work in terms of the integral angular momentum variables \( m_i \) conjugate to the angles \( \theta_i \). In this angular momentum representation of the problem we may expand the angle eigenstates as

\[
|s, \theta \rangle = |s \rangle \otimes \frac{1}{\sqrt{2\pi}} \sum_{m=-\infty}^{-\infty} e^{-im\theta} |m \rangle.
\]

In this momentum representation the time evolution operator is diagonal; i.e., it connects states of the same \( m \) only:

\[
\langle m | T | m' \rangle = \delta_{m,m'} \left( e^{-\psi_m^2} I_m[\kappa_x] e^{-\psi_k^2} I_m[\kappa_y] e^{-\psi_k^2} I_m[\kappa_z] e^{-\psi_k^2} I_m[\kappa_z] \right).
\]

To obtain the above result we have used an identity relating the exponentiated cosine to a sum of modified Bessel functions of integer order [47]:

\[
e^{-\psi_m^2} I_m[\kappa_x] = \sum_{m=-\infty}^{\infty} I_m[J] e^{im\theta}.
\]

The action of the transfer matrix or imaginary-time evolution operator can be further simplified by diagonalizing it in the remaining \( 2 \times 2 \) subspace of secondary structure.

One may note that the above matrix [Eq. (8)] is non-Hermitian, reflecting the lack of time-reversal symmetry of the underlying Hamiltonian. This absence of time-reversal symmetry occurs because the local bending modulus between the \( i \)th and \((i+1)\)th chain tangents depends only on \( s_i \), the secondary structure variable to the right of the first tangent vector. The absence of microscopic left-right symmetry along the chain results in the non-Hermitian character of Eq. (8). Minor modifications of Eq. (4) generate Hermitian Hamiltonians expressing the same physics at length scales larger than the monomer size, but we do not pursue such related problems here.

The transfer matrix, Eq. (8), can be diagonalized in the space of secondary structure by a similarity transform using the matrix \( U(m) \) (defined in Appendix A); the eigenvalues of the transfer matrix are

\[
\lambda_{1,2}(m) = \frac{\omega_m(\kappa_x)}{2} \left[ 1 + z_m \pm \sqrt{(1-z_m)^2 + \beta^2 z_m} \right],
\]

where \( \omega_m(\kappa) = \exp(-\kappa) I_m(\kappa) \) is the transfer matrix element for an ordinary WLC and \( z_m = e^{-\beta} \omega_m(\kappa_x) / \omega_m(\kappa_z) \) is the ratio of the fugacities of a random-coil segment and an α-helical segment for a given angular momentum \( m \). The quantity \( \beta \) appearing in the above expression is the exponentiated free energy cost of introducing a domain wall in the secondary structure, helix-coil variables \( \beta = \exp[\ln(2) - \epsilon_w] \) with the first
and second terms arising from, respectively, the entropic gain
and enthalpic cost of the creation of a domain wall.

It is important to note that the partition function of the
chain may not be reduced simply to the product of eigenval-
ues since doing so presupposes periodic boundary condi-
tions. While in the thermodynamic limit of long chains \(N \to \infty\) it is indeed permissible to choose those nonphysical
boundary conditions, if we wish to study the dependence of
mechanical properties on the degree of polymerization it is
essential that we avoid this simplification. Internal consis-
tency requires that we not impose such boundary conditions
on the secondary structure variables since we cannot impose
them on the chain tangents in the bent conﬁguration. Addi-
tionally, such periodic boundary conditions will substantially
and artiﬁcially reduce the statistical weight of the appearance
of random coil \((s = -1)\) segments along the chain. The cause
of this artiﬁcial reduction is the following. With periodic
boundary conditions domain walls must appear in pairs
while in the physical problem they can appear individually
by destroying the native secondary structure from the ends of
the chain. Periodic boundary conditions therefore suppress
the probability of the creation of random-coil segments by
one extra factor \(\beta (\approx 1)\) in highly cooperative chains).

The partition function is thus reduced to the remaining
sum given by

\[
Z = \sum_{s_0,s_N,m} \langle s_0|U(m)D^N(m)U^{-1}(m)|s_N\rangle \eta_m,
\]

where \(D(m) = U^{-1}(m)T(m)U(m)\) is the diagonalized transfer
matrix and the remaining sums are over the secondary struc-
ture of the ﬁrst and last monomers of the chain as well as
a single remaining angular momentum variable \(m\). We evaluate
these ﬁnal sums over \(s_0\) and \(s_N\) to find

\[
Z(\psi) = \sum_{m=-\infty}^{\infty} e^{i\psi m} \left[ 1 + e^{-\beta} \left[ \lambda_1^N(m) + \lambda_2^N(m) \right] + \frac{\lambda_1^N(m) - \lambda_2^N(m)}{2\sqrt{(1 - z_m)^2 + \beta^2z_m}} \times \left( 1 + \beta z_m - z_m - e^{\beta}[1 - z_m - \beta] \right) \right].
\]

Using the above partition function we may immediately
compute two measurable quantities: (i) the mean torque \(\tau(\psi)\)
required to enforce the constraint on the chain tangents at
either end and (ii) the fraction of molecule in its non-native
(random coil) structure \(M(\psi)\). The former can be directly
measured by AFM in single-molecule manipulation experi-
ments while the latter can be probed by circular dichroism
spectroscopy. These quantities can be computed from the
partition function shown in Eq. \(12\) by the derivatives

\[
\tau(\psi) = \frac{\partial \ln Z(\psi)}{\partial \psi},
\]

and

\[
M(\psi) = \frac{1}{N} \sum_{m=1}^{\infty} \cos(\psi m) \frac{\partial Z(\psi)}{\partial \psi}.
\]

Exploiting the symmetry \(\omega_{\kappa}(\kappa) = \omega_{-\kappa}(\kappa)\) we may collect the
terms within the \(\sqrt{\cdot}\) in Eq. \(12\) deﬁning \(\sqrt{\cdot} = Z(m, h)\) to write the
partition function as

\[
Z(\psi) = Z(0,h) + 2 \sum_{m=1}^{\infty} \cos(\psi m) Z(m,h)
\]

so that, using Eqs. \(13\) and \(14\) we find

\[
\tau(\psi) = -2 \sum_{m=1}^{\infty} m \sin(\psi m) Z(m,h)
\]

\[
M(\psi) = \frac{1}{N} \left[ Z(0,h) + 2 \sum_{m=1}^{\infty} \cos(\psi m) \frac{\partial Z(m,h)}{\partial \psi} \right].
\]

The series above are well approximated by partial sums; in
practice, taking the ﬁrst ten terms reduces the error to about
1 part in \(10^6\). These numerically evaluated partial sums are
shown in Fig. 2. At small values of the bending angle \(\psi\),
there is a linear dependence of the constraining torque on
\(\psi\). The \(\alpha\)-helix bends like a ﬂexible, elastic rod. At a certain
critical angle \(\psi^c\), however, the constraining torque reaches a
maximum and then drops precipitously for angles \(\psi > \psi^c\) as
shown in part (a) of Fig. 2. This dramatic collapse of the
chain’s rigidity is akin to the buckling instability of a mac-
The appearance of the buckling transition is the first and perhaps most dramatic consequence of the coupling the helix-coil, internal-state variables of the chain to its conformational degrees of freedom. The generic consequence of such a coupling is the highly nonlinear bending elasticity of the polymer as shown in Fig. 2. We now consider the effects secondary structure on the force extension relations of the polymer.

B. Stretching

Before we develop the theory of stretching the HCWLC, we discuss the radius of gyration of such a polymer [48,49]. To do so we note that the distance between the $i$th and $j$th monomers along the chain is given by

$$R_{ij} = \sum_{n=1}^{j-1} \gamma(s_n \hat{t}_n),$$

where $\gamma(s_n)$ is the length of a monomer measured along its mean chain tangent. Recalling that each monomer of the HCWLC represents enough amino acids ($\sim 3$) to unambiguously assign a secondary structure to the segment, the effective size of the monomer depends on that secondary structure. In the native, $\alpha$-helix state the monomer is shorter than in its generally more extended random-coil configuration. To account for this aspect of the coarse-grained polymer model we define a monomer length that is a function of the secondary structure variable $s_n$ via

$$\gamma(s) = \begin{cases} \gamma_\text{<} & \text{if } s = +1, \\ \gamma_\text{>} & \text{if } s = -1, \end{cases}$$

where, as the notation suggests, $\gamma_\text{<} < \gamma_\text{>}$, the length of a monomer, increases when it loses its $\alpha$-helical secondary structure. We return to a discussion of reasonable numerical estimates of these values in the conclusions below.

1. Radius of gyration

We now compute the radius of gyration of these polymers in solution by taking the thermal average of $R_{ij}^2$ using Eq. (18) and the HCWLC Hamiltonian. Separating the sum into terms diagonal and off-diagonal in the monomer indices we write

$$\langle R_{ij}^2 \rangle = \sum_{n=0}^{N-1} \langle \gamma^2(s_n) \rangle + 2 \sum_{m=0}^{N-1} \sum_{n=1}^{N-1} \langle \gamma(s_n) \gamma(s_m) \hat{t}_n \cdot \hat{t}_m \rangle.$$  

Both of these terms in the above expression can be evaluated in terms of the transfer matrices introduced in Eq. (8). We explore this point in some detail as it gives insight into the bulk of the calculations regarding stretching of the HCWLC. The reader who is uninterested in details of the calculation can pick up the discussion involving Fig. 3 in the last two paragraphs of this section.

We note that the first (diagonal) term may be written in terms of the transfer matrices as
so that Eq. 20 may be performed explicitly; by not constraining these

Finally, the integrals over the initial and final angles of the

tious quantum particle. In this case we compute the ampli-

tion may be interpreted again as the amplitude for the ficti-

This matrix acting in the space of secondary structure assigns
the appropriate monomer length to the segment, i.e.,

\[ \langle \gamma(s) \gamma(s)_i \tilde{h}_k \cdot \tilde{f}_j \rangle = 2 \sum_{s_0} \frac{\eta_{s}}{Z} (s_0; 0|D^{(0)} |^{2} D^{(1)^{2-k}} D^{(0)^N}| s_0, 0). \]

where we have taken \( j > k \). We observe that while the initial and final states are fixed at zero angular momentum [for the same reasons as in Eq. (23)], the diagonalized transition ma-
trix acting between the \( k \)th and \( j \)th monomers is evaluated at an angular momentum of unity. To understand this we note

the thermal average of the scalar product in the above equation involves the averages of products of cosines of the form \( \cos(\theta_j) \cos(\theta_k) \). These cosines generate \( m \rightarrow m \pm 1 \) tran-
sitions in the angular momentum basis so that the action of the cosine at the \( k \)th monomer takes the initial \( m = 0 \) state into either of \( m = \pm 1 \) states. The action of second cosine at the \( j \)th monomer must return the angular momentum of the state to zero so that the integral over the initial and final angles does not cause this contribution to the transition amplitude to van-
ish. Thus of the four possible combination of \( m \rightarrow m \pm 1 \) acting at the two sites, only the two terms leading to no net change in angular momentum survive the final averaging.

Because \( D(m) \) is even in \( m \), the factor of 2 accounts for both of

these terms. Once again the remaining sums over the sec-

ondary structure of the initial and final chain segments can be performed directly.

The final sums over \( j, k \) required to determine the radius
gyration can be performed. If one were to assume trans-
lational invariance along the chain, the remaining sums over monomers in Eq. (20) can be rewritten as a single sum

\[ \langle R_{0N}^2 \rangle = \sum_{k=0}^{N-1} (N-k) C(k), \]

where we have defined the quantity \( C(k) = \langle \gamma(s) \gamma(s)_i \tilde{h}_k \cdot \tilde{f}_j \rangle \) to be the tangent vector correlation function function weighted by the length of the chain seg-

ments. Due to our momentary assumption of translational invariance along the chain, this function is independent of the monomer index \( i \). With this assumption the correlation function sim-
est to

\[ C(k) = \frac{1}{Z} \text{Tr}[\Gamma^{(01)} \cdot D^{(1)^k} \cdot \Gamma^{(10)} \cdot D^{(0)^N \cdot k}], \]

where we have introduced the matrices

\[ \Gamma^{(01)} = U(0)^{-1} \cdot \Gamma \cdot U(1), \]

where \( k \) is the length of \( N \)th segment, and then propagate the remaining

N−k imaginary-time steps at the same angular momentum. Finally, the integrals over the initial and final angles of the ch

may be performed explicitly; by not constraining these two

t tangents, we project out the \( m = 0 \) state of the chain

so that Eq. (21) may be simplified to

\[ \langle \gamma^2(s) \rangle = \sum_{s_0} \frac{\eta_{s}}{Z} (s_0, m = 0|D^{(0)} |^{2} D^{(0)^N}| s_0, m = 0). \]
written in terms of $\Gamma$ defined in Eq. (19) and the matrices $U(m)$ that diagonalize the transfer matrix at angular momentum $m$ (see Appendix A). By performing the above trace, going to the limit of large $N$, and using fact that at any given angular momentum the helix phase is more probable than the random coil [i.e., $\lambda_1(m) > \lambda_2(m)$ for all $m$], we may write the correlation function as the sum of two exponentials:

$$C(k) = Ae^{-k\ell_a} + Be^{-k\ell_b},$$

where the two lengths controlling the exponential decay of correlations are given in terms of the eigenvalues [Eq. (10)] by

$$\ell_a = \ln \left( \frac{\lambda_1(0)}{\lambda_1(1)} \right),$$

$$\ell_b = \ln \left( \frac{\lambda_2(0)}{\lambda_2(1)} \right).$$

The coefficients of these two decays are written explicitly in Appendix B.

The existence of two exponential decay lengths for the correlation function reflects the fact that between any two tangents along the chain, the polymer may exist in one of two states having differing monomer lengths and thermal persistence lengths. To better understand this result it is instructive to study the limit in which it is highly unlikely to find the chain in the random coil state: $\epsilon_\omega \ll 1$ and $h \gg 1$. In that limit, $\lambda_2(m) \rightarrow 0$ so that $\ell_b \rightarrow \infty$; the decay of correlations is dominated by the length $\ell_a \sim 1/\kappa_\omega$ in this limit. From extensions of this reasoning one can associate $\ell_a$ with the decay length of correlations for a section of polymer that starts and ends with helical segments. Between these helical segments this correlation length is related to some function of both $\kappa_\omega, \kappa_\gamma$, due to fluctuations into the coil phase. Similarly, the length $\ell_b$ controls the decay of correlations for segments of the chain that begin and end with random coil segments. Once again, due to fluctuations into the helical phase this length is a function of both $\kappa_\omega, \kappa_\gamma$.

Finally, given a form for the correlation function $C(k)$ obtained from the assumption of translational invariance along the chain, we may directly evaluate the radius of gyration. We find

$$\langle R_{10}^2 \rangle = \frac{Ae^{\ell_a}}{(e^{\ell_a} - 1)^2} \left[ N(e^{\ell_a} - 1) + e^{-N\ell_a} - 1 \right] + \frac{Be^{\ell_b}}{(e^{\ell_b} - 1)^2} \left[ N(e^{\ell_b} - 1) + e^{-N\ell_b} - 1 \right].$$

We suspect, however, that at least in the case of highly cooperative or short chains for which $\epsilon_\omega \gg 1/N$ the effects of the chain ends will be significant and thus break the assumed translational invariance used above. In order to evaluate the radius of gyration of the chains that strongly break translational invariance, we numerically evaluate the requisite sums to determine the radius of gyration; these results are shown in Fig. 3. There we see the crossover of a random coil ($N > \kappa_\omega$) having a Kuhn length of $\gamma_\omega = 3.0$ to an essentially straight rod of length $\gamma_\omega N$ in the helix phase.

The radius of gyration can be experimentally probed via small-angle elastic scattering. In Fig. 3(b) we plot the scattering function for HCWLC's in dilute solution as a function of the scattering wave vector for scattering angle $\zeta$: $\mu = (4\pi/\lambda)\sin(\zeta/2)$. In the same figure we show the predicted scattering from WLC's.

A comparison of the predicted scattering HCWLC's and the better studied WLC's demonstrates that such scattering experiments alone are ineffective in differentiating between these two models. The scattering from a HCWLC can always be interpreted in terms of the scattering from a WLC having some effective persistence length. More generally, any measurement of the radius of gyration will not distinguish the HCWLC from a simple WLC as long as the effective persistence length of the chain is adjusted to fit the data. In order to observe qualitatively novel behavior of the HCWLC, one must probe the force extension behavior of the chains. Here we will see highly nonlinear elasticity mirroring the nonlinear bending elasticity of these polymers.

### 2. Force extension relations: Small forces

In the presence of a stretching force $F$ the Hamiltonian of the HCWLC may be written as

$$H = H_0 - F \sum_{i=0}^{N} \gamma(x_i)\cos(\theta_i),$$

where $H_0$ represents the HCWLC Hamiltonian in the absence of externally applied forces as shown in Eq. (4). A calculation of the chain partition function based on the above Hamiltonian would, of course, result in the complete description of the equilibrium force and extension relations for this model. Unfortunately, a closed-form expression for this partition function is not possible since $H_0$ and the term proportional to the applied force are diagonalizable in the momentum and position representations, respectively. The basis states that diagonalize the full Hamiltonian, Eq. (33), are the energy eigenstates of the quantum pendulum. We do not pursue this approach here. The identical issue arose for the study of the stretched WLC; there approximate numerical diagonalization [36] and variational calculations [27,36] have been successfully employed.

We begin by considering small externally applied forces and consequently small chain extensions $\Delta L$. Defining $\Delta \gamma = \gamma_\omega - \gamma_\gamma$ to be the extension of a monomer under the helix-to-coil transition, we consider the small force to be those for which $F \Delta \gamma$ is small in comparison to the other four energy scales in the problem. Using this assumption, it becomes reasonable to expand the chain free energy in powers of the externally applied force. We thus generate a cumulant expansion

$$\ln Z(\psi) = \sum_{l=0}^{\infty} \frac{c_l}{l!} F^l$$

that is similar in spirit to those obtained from high-temperature expansions of the Ising model [50]. In the above
The force, we calculate the mean length of the polymer chain in the absence of any applied force:

$$\langle L \rangle(\psi) = \left\langle \sum_{k=0}^{N} \gamma(s_k) \cos \theta_k \right\rangle_{\psi},$$  \hspace{1cm} (35)

where the average $\langle \cdot \rangle_\psi$ is taken over the force-free, restricted ensemble of chains having an initial tangent in the $\hat{x}$ direction and a final tangent making an angle $\psi$ with respect to the initial tangent. The restriction placed on the first tangent breaks the rotational symmetry of the system, leading to a nonvanishing value of $\langle L \rangle(\psi)$.

Based on our discussion of the radius of gyration of the chain, we can compute these mean extension at zero force using the transfer matrix technique; Eq. (35) may be written as

$$\langle L \rangle = \sum_{k=0}^{N} \sum_{\theta_0, s_N} \langle \gamma(s_0) \cos \theta_0 T^{N-1} | s_N, \psi \rangle \eta_{\theta_0}. \hspace{1cm} (36)$$

Working, once again, in the momentum representation we can recast the above expression into a simple sum over one angular momentum variable and the four possible combinations of secondary structure states of the initial and final chain segments:

$$\langle L \rangle(\psi) = \sum_{k=0}^{N-1} \sum_{\theta_0, s_N} \eta_{\theta_0} \left[ \langle \gamma(s_0) T^{N-1} | s_N, 1 \rangle \cos(\psi) \right.$$  

$$+ 2 \sum_{m=1}^{\infty} \langle \gamma(s_0, m) T^{N-1} | s_N, m+1 \rangle \cos(m+1) \psi \right]. \hspace{1cm} (37)$$

The structure of the above expression may be characterized by using a simple graphical representation. In the left panel of Fig. 4, we represent the above terms for the first cumulant (the mean length of the chain) as the set of all one-step random walks in angular momentum space. As noted above in the computation of the radius of gyration, each factor of cosine increments or decrements the angular momentum. In general the $n$th-order cumulant requires the determination of the thermal average of the product of $n$ such cosines along the chain contour: $\langle \cos \theta_1 \cos \theta_2 \cdots \cos \theta_j \rangle$. There is a one-to-one mapping of such products to the set of all $n$-step random walks in momentum space. For example, the right-hand panel of Fig. 4 shows all two-step random walks. That set of random walks in the momentum space sums to give the linear response of the mean length of the chain to the externally applied force. In both figures the angular momentum increases in the vertical direction and each horizontal leg of the walks represent products of the transfer matrices at the labeled angular momentum. The labels 0 and $N$ denote the beginning and end of each chain, respectively. The labeled intermediate sites $k$ and $j$ denote the monomers where the cosines act to either increase or decrease the angular momentum of the walk by one unit. Mirror reflections of each diagram about the dotted line has the same contribution to the sum.

By expanding about zero applied force we may obtain an expression for the series expansion of the mean length as a function of applied force of the form

$$\langle L \rangle(F, \psi) = L_0(\psi) + L_1(\psi) F + L_2(\psi) F^2 + \cdots, \hspace{1cm} (38)$$

where the prefactors of the odd-index terms—i.e., $L_{2n+1}(\psi) F^{2n+1}$—vanish upon averaging over all end angles. Each term in the above expansion is the set of all $n$-step random walks in momentum space. Each involves a sum over the states of secondary structure at each end of the chain, which may be performed exactly, and one infinite over a single angular momentum variable. The latter sum cannot in general be performed exactly, but as discussed above, it may be numerically approximated to arbitrary precision. In practice because of the rapid convergence of this sum with high $m$, only a few terms are required to generate an excellent approximation.
Constraining the initial and final chain tangents causes each walk in momentum space to be weighted by a phase factor $\exp(i\Delta m\psi)$. Thermal averages over the ensemble of chains having unconstrained final tangents can be computed by averaging over $\psi$. Due to the aforementioned $\psi$-dependent phase factor, this averaging eliminates all walks, which results in a net change in the angular momentum of the chain. For instance, the two walks comprising the mean length of the chain at zero force (left panel of Fig. 4) both vanish when the final angle is unconstrained. This is to be expected from basic symmetry considerations. By relaxing that constraint, one restores the rotational symmetry of the problem so that the mean extension of the polymer along the $\hat{x}$ axis necessarily vanishes in the limit of zero applied force.

Since the transfer matrix is even with respect to angular momentum, there is an additional reflection symmetry; each walk from $m$ to $m'$ makes an identical contribution to the final result as that walk reflected about $m=0$—i.e., the walk from $-m$ to $-m'$ in which each increment of angular momentum is replaced by a decrement and visa versa. We employ this additional symmetry of the problem to rewrite the set of two random walks comprising the mean length as shown in Eq. \(37\).

We plot in Fig. 5 the mean length of the chain as a function of $h$, the excess free energy per unit length associated with the existence of nonnative secondary structure. If $h < 1$, we expect the chain to be driven into a random-coil, non-native structure in order to increase the chain conformational entropy associated with the disordering of the polymer backbone tangent vectors. For values of $h \geq 1$ we expect a highly cooperative ($e_u > \ln N$ in this example system) and therefore sharp transition to the $\alpha$-helical, native state. This transition is evidenced by the precipitous decrease of the chain’s extension occurring at $h \approx 1$.

Using the formalism described above we may also compute the linear and nonlinear response of the chain to a force $F$ by considering longer walks in momentum space. We report those results as a function of both $F$ and $\psi$, the angle of final chain tangent. It is likely that in future single-molecule force spectroscopy experiments it will be problematic to simultaneously control both the applied force and final chain tangent. While we suspect that force spectroscopy with unconstrained angles will be more experimentally relevant, we believe that in order to discuss $\alpha$-helical domain extensional elasticity within the native state of a protein, such boundary condition prescriptions may prove necessary. We plot in Fig. 6 the nonlinear force and extension behavior (including terms up to $F^2$) of two representative HCWLC’s for a variety of angular bends, $\psi$. Higher-order terms in the applied force can be computed similarly. For the case of unconstrained initial and final tangents, we have developed an automated procedure to calculate terms of the perturbation expansion to arbitrary order \(51\).

In Fig. 6(a) we observe the nonlinear extensional compliance (through terms of order $F^2$) of the HCWLC for the case that chain is much shorter than its thermal persistence length. The different symbols correspond to differing imposed curvatures on the chain—see the caption. The finite extension at zero force is consistent with the assumption that the chains are simply bent into the arc of a circle consistent with uniform distribution of chain curvature as required to minimize chain bending energy. By noting the difference in slopes of the three extension versus force curves in Fig. 6(a), one sees that the extensional compliance of the chain in the direction parallel to the applied force depends on the angle of the final chain tangent, $\psi$. In part (b) of this figure we observe the predicted force extension relations to the same order in the low-force perturbation theory for the HCWLC’s where the
persistence length is less than $L$ even in the stiffer, $\alpha$-helical phase. As evidenced by the equality of the slopes of all three figures, the effect of imposed curvature on the subsequent extensional compliance of this chain is minimal. For a more flexible chain twisting the final tangent has little effect on the compliance under subsequent extension. We expect the upper panel of Fig. 6 to better reflect the mechanical of $\alpha$-helical polypeptides.

The perturbation theory presented above appears to be a useful approach to the study of small extensional deformations of $\alpha$-helical protein domains. A generic feature of this model is the nonlinear growth of the effective extensional compliance of the chain with increasing applied force. The underlying mechanism must be the enhanced statistical weight for finding a segment in its longer non-native state. The applied force thereby accesses a reservoir of chain weight for finding a segment in its longer non-native state.

We now study the extensional compliance of the HCWLC in the high-force limit. In order to explore the approach under high forces of the mean chain extension to its maximal extension $L = \gamma, N$, it is reasonable to assume that the tangent vector fluctuations become small so that a Gaussian approximation is justified. We may approximate the HCWLC Hamiltonian, Eqs. (4) and (33), by

$$H = \frac{\phi}{2} \sum_{i=0}^{N-1} (1 - s_i s_{i+1}) - \frac{\hbar}{2} \sum_{k=0}^{N} (s_k - 1) + \sum_{i=0}^{N-1} \kappa(s_i) \left[ \theta_{i+1} - \theta_i \right]^2 - F \sum_{i=0}^{N} \gamma(s_i) \left[ 1 - \frac{\theta_i^2}{2} \right].$$

(39)

The above Hamiltonian is now quadratic in the angles of the chain tangent vectors. We fix the initial and final chain tangents to lie along the direction of the applied force, $\theta_0 = \theta_N = 0$. By iterative Gaussian integrals over the remaining angles we determine an effective partition function that is now a sum over only the secondary structure degrees of freedom. After integrating over $\theta_1, \ldots, \theta_{N-1}$ the partition function in the high-force limit reduces to the form

$$Z = \sum_{\{s\}} \exp \left[ \frac{\phi}{2} \sum_{i=0}^{N-1} (1 - s_i s_{i+1}) - \frac{\hbar}{2} \sum_{k=0}^{N} (s_k - 1) - F \sum_{k=0}^{N} \gamma(s_k) \right] J[\{s\}],$$

(40)

where the remaining sum is over all $2^N$ configurations of the secondary structure variables. We have introduced the quantity $J[\{s\}, N]$ produced by the Gaussian integrals. It is a function of that secondary structure configuration defined by

$$J[\{s\}, N] = \prod_{j=1}^{N} \sqrt{\frac{2\pi}{2R_j + \kappa(s_j)}} e^{-\gamma(s_j)F}.$$

(41)

Each term $R_i$ in the above product is defined recursively by the equation

$$R_i = \frac{\kappa(s_{i-1}) R_{i-1} + F \gamma(s_i)}{2R_{i-1} + \kappa(s_{i-1})} + \frac{F \gamma(s_i)}{2}$$

(42)

for $i=2, \ldots, N$, where we fix the initial condition for the recursion by setting

$$R_1 = \frac{\kappa(s_0) + F \gamma(s_1)}{2}.$$

(43)

The $i$th term in the product depends on the full set of secondary structure variables from site $i-1$ back to 0. Similar recursion relations having a constant value of $\kappa$ and $\gamma$ are discussed by Lamura et al. [38].

Examining Eq. (40) we see that by integrating out the tangent vector degrees of freedom we have taken the Ising-model partition function corresponding to the secondary structure variables, which had only nearest-neighbor couplings, and transformed it into the partition function for the secondary structure variables ($s_i$) having interactions between these variables at distant sites along the polymer chain. This result is to be expected: the combination of the coupling between the local chain tangents and secondary structure generated by $\kappa(s)$ combined with the long-range coupling of those chain tangents to each other over $-\kappa$ monomers leads to a new effective long-range interaction between secondary structure variables mediated by the conformational degrees of freedom of the chain. It is clear from Eqs. (41)-(43) that the simple Ising description of the sec-
ondary structure variables is recovered in limit of chains with a vanishing persistence length $\kappa \to 0$ where the tangent vector degrees of freedom do not mediate a long-range interaction between the $s_i$ variables. In that case the recursion relation can be trivially solved to yield $R_i = F \gamma(s_i)/2$ so that the remaining partition function of the secondary structure variables in Eq. (40) reverts to that of an Ising model, but one for which each secondary structure configuration is weighted by its effect on the chain extension in the direction along the externally applied force.

The short-persistence-length, decoupled limit is clearly not of primary interest in modelling an $\alpha$-helical polypeptide. In fact, considering that we are primarily interested in molecules that are not significantly longer than their persistence length (in the $\alpha$-helical phase), it appears physically reasonable to take a diametrically opposed approximation. For such chains where $\kappa_s \approx N$ one suspects that the statistics of the secondary structure variables is better represented in a mean-field approximation enforced by the long-range interactions between these variables due to tangent vector correlations along the chain. To implement a mean-field approach, we ignore boundary effects and study one secondary structure variable in the bulk of the chain, $s_i$. This single degree of freedom interacts with the mean field of all the other secondary structure variables along the chain. We define the mean value of these variables as $m = \langle s_i \rangle$, for all $j \neq i$. From this definition it is clear that $-1 < m < 1$. In order to discuss the chain persistence length and effective monomer length we must generalize Eqs. (3) and (19), respectively, by introducing the mean values of these quantities by defining

$$\bar{\kappa} = \frac{\kappa_s}{2}(1 + m) + \frac{\kappa_s}{2}(1 - m), \quad (44)$$

$$\bar{\gamma} = \frac{\gamma_s}{2}(1 - m) + \frac{\gamma_s}{2}(1 + m). \quad (45)$$

The linear dependence of these values on $m$ may be justified by noting that $\langle s_i \rangle = m$ implies that each segment spends a fraction $(m+1)/2$ of the time in its native state. At least on time scales long compared to interconversion time between the $s_j = \pm 1$ states, one would observe the effective values $\bar{\kappa}$ and $\bar{\gamma}$ as defined above. Of course, nothing in the present analysis determines this interconversion time, but we expect it to be on the time of conformational changes of small molecules $\sim 10^{-9}$ s. Both force spectroscopy measurements and protein conformational changes occur on much longer time scales where the approximation Eqs. (44) and (45) is valid.

We may write the mean-field free energy of the chain under the externally applied force in the form

$$F_{MF} = -\ln \left( \sum_{s_i = 1} e^{-(\epsilon_s/2)(m_j - 1) + (h/2)(s_i - 1) + F\gamma(s_i)} \right) \times J_{MF}[\bar{\kappa}, \bar{\gamma}, m; N/2 - 1] J_{MF}[\bar{\kappa}, \bar{\gamma}, m; N/2 - 1]. \quad (46)$$

We have defined quantity $J_{MF}[\kappa, \gamma, m; N]$ to be analogous to $\int [S]_N$ [see Eq. (40)] for a chain of $N$ monomers with a fixed mean-field persistence length $(\bar{\kappa})$ and a fixed mean-field monomer length $(\bar{\gamma})$. We also take the mean-field approximation $s_k = m$ for all $k$ in the HC part of the Hamiltonian. The function $J_{MF}[s_i, 1]$ represents the one Gaussian integral associated with angular degree of freedom at the $i$th site.

The physical meaning of Eq. (46) is that the free energy of the chain in the mean-field description may be written as the sum of three parts. The first part given by the negative logarithm of $J_{MF}[\bar{\kappa}, \bar{\gamma}, m; N/2 - 1]$ gives the free energy of the half of the chain to the left of the selected site $i$. This free energy is evaluated using the mean-field approximation for the secondary structure variables and the Gaussian (small-angle) approximation for the tangent vectors. The last term in the sum is the analogous contribution to the free energy associated with the length of polymer to the right of the selected site $i$ and evaluated using the same approximations. Finally, the middle term in the product appearing in Eq. (46) is the contribution to the free energy of the $i$th site itself. The (Gaussian) integral $J_{MF}[s_i, 1]$ accounts for the tangent vector degree of freedom while the sum on one remaining $s_j$ variable is written explicitly above.

To justify choosing the $i$th site at the middle of the chain to be representative of any site, we must ignore boundary effects. Consequently the mean-field description is most accurate in the limit of long chains—i.e., $\ln N \gg \epsilon_s$. Finally, self-consistency requires that the thermal average of the secondary structure at the $i$th also be equal to $m$. Thus we demand

$$m = \langle s_i \rangle = 2 \frac{\partial F_{MF}}{\partial h}. \quad (47)$$

From Eq. (47) we obtain a solution for that, when used in conjunction with the mean-field free energy function $F_{MF} = -\ln J_{MF}[\kappa, \gamma, m; N]$, gives a complete thermodynamic description of the chain under an externally applied force. In particular we compute the mean length of the chain under these conditions from

$$\langle L \rangle = -\frac{\partial F_{MF}}{\partial F}. \quad (48)$$

We plot the mean extension of the polymer $\langle L \rangle$ in the direction of the applied force normalized by the maximal extension of the chain $L = N \gamma_s$ in Fig. 7. The applied force has been nondimensionalized by the length $\gamma_s$. Qualitatively the figure may be discussed in terms of four regimes characterized by abrupt changes in the dependence of the mean length on applied force. For the smallest forces we see the initial extension of the predominant native-state, $\alpha$-helical chain. As long as the $h > F \Delta \gamma$ the free energy decrease associated with the breakdown of the native state of molecule and the consequent extension of each monomer by $\Delta \gamma \gamma_s$ is more than offset by the free energy increase per unit length of creating segments in this nonnative state, $h$. Thus the secondary structure variables are frozen in the native state and the extension of the chain proceeds by the suppression of contour fluctuations transverse to the extension direction. The effective maximal extension of the chain is $L \gamma_s / \gamma_s$ (here $L/3$) and the saturation of chain extension
maximal extension
increasing the force the now random-coil chain approaches its
on the chain. Finally, in the fourth regime, the applied force
for the creation of a random coil segment and a domain wall
the net extension of one segment enthalpically compensates
reproduces the Marko, Siggia [36] result so that \( \langle L \rangle \sim \frac{1}{1 - \frac{1}{1 - \frac{h}{\gamma}}^{1/2}} \gamma \).
If the system were well described by a WLC model, this
high-force plateau would be flat as the chain extension as-
symptotically approached its maximal value. The observed
slow growth of the chain extension or “pseudoplateau” is due
to the presence of local secondary structure fluctuations.
With increasing force, these fluctuations are biased toward
the more-extended, non-native state so that the mean length
of a monomer grows slowly with applied force. This second
regime characterized by the pseudoplateau terminates in a
rapid extension regime where the secondary structure is
pulled apart by the applied force. The requisite force to open
up these \( \alpha \)-helices determines the transition to this rapid ex-
tension regime. That force is given by \( F = \gamma - \frac{e_n}{h} + \frac{h}{\gamma} \) where
the net extension of one segment enthalpically compensates
for the creation of a random coil segment and a domain wall
on the chain. Finally, in the fourth regime, the applied force
has thoroughly destroyed the secondary structure. With in-
creasing force the now random-coil chain approaches its
maximal extension \( L \) in a manner first discussed by Marko
and Siggia.

IV. CONCLUSIONS

We have proposed and explored an extension of the tra-
ditional WLC polymer model in order to incorporate the
presence of internal degrees of freedom along the polymer
backbone and the coupling of those internal degrees of free-
dom to the conformational degrees of freedom of the chain.
Such a model constitutes a minimal description of many
biopolymer systems, but we focus on developing a descrip-
tion of an \( \alpha \)-helical polypeptide chain. By studying the me-
chanical properties in thermal equilibrium of such polymers
one will develop insight into the mechanical properties of de
novo designed \( \alpha \)-helical chains and biometric synthetic
polymers that acquire helical secondary structure in aqueous
solution.

Eventually one would like to apply such a model to entire
proteins although such a program requires in general a me-
chanical description of \( \beta \)-sheets and an investigation of the
mechanical interaction of protein subdomains. In principle,
the combination of a model of the nonlinear elastic prop-
erties of such domains with an accurate three-dimensional pro-
tein structure in its native state should enable the investiga-
tion of protein dynamics and particularly conformation
change under biologically relevant conditions. It is known
that at least some proteins are bistable having at least two
structurally different conformations. In this paper we have
shown that, due to the coupling of the conformational de-
grees of freedom to the internal, secondary structure vari-
ables, \( \alpha \)-helices are generically bistable mechanically. One
may speculate as to whether this inherent bistability provides
a mesoscopic mechanism to elucidate protein conformational
change.

In order to carry forward this program and to make quan-
titatively falsifiable predictions for the mechanical properties
of single \( \alpha \)-helices it is necessary to determine the energy
scales that enter the HCWLC Hamiltonian. Unfortunately,
these four energy scales are imprecisely known at best. The
better studied energy scales involve the helix-coil parameters
\( e_n \) and \( h \). Both of these parameters are extremely difficult to
estimate based on first principles since these energy scales
involve complex solvation energies [52] in addition to the
formation of hydrogen bonds between adjacent turns of the
\( \alpha \)-helix. These parameters can be estimated, however, by fit-
go HC models to both the results of molecular dynamics
simulations and experiment [53,54]. In terms of our param-
erst this work provides the following estimates: \( e_n \approx 7 \) and
\( h = 1.5 \). Thus we note that since typical \( \alpha \)-helix domains in
proteins have \( N \sim O(10) \) [55,56], these domains are highly
cooperative, \( e_n \gg \ln(N) \).

There are little data on the persistence length of \( \alpha \)-helices.
We estimate the bending modulus of an \( \alpha \)-helix by assuming
that its enhanced stiffness arises primarily from interloop hy-
drogen bonding. Taking the energy scale of these hydrogen
bonds to be \( 3k_B T \) [57], an interloop distance of
0.36 nm, and helical radius \( \sim 0.1 \) nm we find that (with
\( k_B T = 1 \) ) the persistence length of the \( \alpha \)-helix should be \( \ell_p \sim 10-50 \) nm. From this persistence length we determine
the HCWLC bending modulus via \( \frac{T}{\gamma} = \frac{\kappa}{\gamma} \), so that \( \kappa \approx 25-140 \). With the absence of hydrogen bonding in the
non-native, random-coil state we assume that the persistence
length is \( \ell_p \sim 1 \) nm, typical of simple hydrocarbons [58].
Thus it is reasonable to suppose that \( \ell_p \gamma = \kappa \gamma \approx 3 \). There is
a significant dependence of the thermal persistence length
upon the local secondary structure: the ratio \( \kappa / \gamma \) may be
as large as 50. In order to explore the phenomenology of the
model we have shown results for various parameter values,
but we have always included plots corresponding to these
biologically relevant parameters mentioned above. From
these estimates of the biologically relevant energy scales in
the model we predict the critical torques for the buckling
failure of the alpha helix to be \( \sim 40 \) pN nm. The force re-
quired to pull out the \( \alpha \)-helices leading to the dramatic
lengthening of the chain is roughly \( 150-200 \) pN.

The central result of this paper is that an \( \alpha \)-helical
polypeptide is highly nonlinear in its response to applied
forces and torques. The source of the nonlinearity is the coupling between local secondary structure and the conformational state of the polypeptide backbone. Bending or pulling on the α-helix mechanically can result in the abrupt breakdown of secondary structure and consequently a dramatic increase in bending and extensional compliance. The stresses required to access this highly nonlinear behavior occur on scales relevant to biological activity.

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APPENDIX A: DIAGONALIZATION OF THE TRANSFER MATRIX

The transfer matrix at a given angular momentum $T(m)$ given in Eq. (8) is diagonalized by the similarity transformation $D(m)=U^{-1}(m) \cdot T(m) \cdot U(m)$ where the matrix $U(m)$ is

$$U(m) = \begin{pmatrix} \lambda_1(m) - 2d_m & \lambda_2(m) - 2d_m \\ 2c_m & 2c_m \\ 1 & 1 \end{pmatrix},$$

where $\lambda_{1,2}(m)$ are the eigenvalues of the transfer matrix given in Eq. (10) and the functions $c_m$ and $d_m$ are simply the bottom row of the transfer matrix. In other words,

$$c_m = e^{-h} \epsilon_w \kappa_l l_m[k_c]$$  (A2)

and

$$d_m = e^{-h} \kappa_l l_m[k_c].$$  (A3)

APPENDIX B: CORRELATION FUNCTION COEFFICIENTS

Here we discuss the coefficients $A$ and $B$ appearing in Eq. (29). These coefficients, which have dimensions of length squared, can be computed in terms of the matrices $\Gamma^{(01)}$ and $\Gamma^{(10)}$ defined in Eqs. (27) and (28); by calculating the necessary trace, one finds that

$$A = \Gamma^{(01)}_{11} \Gamma^{(10)}_{11},$$  (B1)

$$B = \Gamma^{(01)}_{12} \Gamma^{(10)}_{21}.$$  (B2)

Determining these coefficients in terms of the fundamental parameters of the model is now a matter of some algebra. To simplify this work and to better display the result, we find it helpful to write $A$ and $B$ in terms of $\gamma_{<}$ and the transfer matrix eigenvalues $\lambda_{1,2}(m)$ given by Eq. (10). We find

$$A = \frac{4c_0 c_1 \gamma_+ - \gamma_- [2d_1 - \lambda_1(1)][2d_0 - \lambda_2(0)]}{4c_0^2 - [2d_0 - \lambda_1(0)][2d_0 - \lambda_2(0)]} \frac{4c_0 c_1 \gamma_+ - \gamma_- [2d_0 - \lambda_1(0)][2d_1 - \lambda_2(1)]}{4c_1^2 - [2d_1 - \lambda_1(1)][2d_1 - \lambda_2(1)]}$$

and

$$B = \frac{4c_1 \gamma_+ [2d_0 - \lambda_1(0)] + c_0 \gamma_- [-2d_1 + \lambda_2(1)] c_1 \gamma_+ [-2d_0 + \lambda_1(0)] + c_0 \gamma_- [2d_1 - \lambda_1(1)]}{4c_0^2 - [2d_0 - \lambda_1(0)][2d_0 - \lambda_2(0)]} \frac{4c_1^2 - [2d_1 - \lambda_1(1)][2d_1 - \lambda_2(1)]}{4c_1^2 - [2d_1 - \lambda_1(1)][2d_1 - \lambda_2(1)]}.$$  (B4)

In the above equations we have used the functions defined in Eqs. (A2) and (A3).

NONLINEAR ELASTICITY OF AN $\alpha$-HELICAL POLYPEPTIDE


[47] Handbook of Mathematical Functions, edited by M. Abramowitz and I. R. Stegun (Dover, New York, 1970), Sec. 9.6.34.


